

# **Carrington College- Mesa**



**Exam Site Information for Candidates  
CDCA-WREB-CITA  
2023 Dental Hygiene Examination**

**Carrington College - Mesa  
1300 S. Country Club, Suite 2  
Mesa, AZ 85210  
480 717-3510**

**Exam Site Information for Candidates**  
**2023 ADEX Dental Hygiene Examinations**

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## 1. School Facility and Services

- **Facility Fee:** The facility fee is \$255 and will be collected by CDCA-WREB-CITA during online candidate registration.
  
- **Location, Building Access and Hours:**
  - DH Clinic: 1300 S. Country Club, Suite 2, Mesa, AZ 85210,
  - (480) 717-3515 Brenda Chavez for questions regarding the school, equipment, etc.
  - Located on SW Corner of Country Club Drive and Southern Avenue, in Mesa AZ
  - Building open 6:00am-6:00pm daily for duration of exam.
  
- **Parking:**
  - Parking is located adjacent to the clinic.
  - There is no assigned parking. Do not park at McDonalds or Chase Bank
  - Parking is FREE
  
- **ATM Machine:**
  - There is a Chase Bank located in the parking lot.
  - The ATM is located outside the bank on the corner of Country Club Drive and Southern Avenue
  
- **Food Services Onsite:**
  - Located in the Parking lot are:
    - McDonalds
    - Starbucks
    - Taco Bell

## 2. Preparing for the Exams

### a. Hygiene Exam

- **Patient Screening:**
  - Carrington College Dental Hygiene Department **cannot** provide patients for candidates. Candidates should not ask the school for patients or patients' records. Candidates may use the Dental Hygiene clinic to screen patients on a limited basis, by appointment, and prior to exam week.
  - Times will be determined as needed.
  - Please call to schedule an appointment. All screenings and radiographs must be completed prior to the arrival of CDCA-WREB-CITA examiners.
  - **NO SCREENINGS ARE ALLOWED DURING THE CDCA-WREB-CITA EXAM DATES**
- **Radiographs:**
  - Candidates must bring radiographs to the exam and will not be allowed to take or retake any radiographs at the exam site unless an emergency arises.

- **Administration of Local Anesthetic:**
  - Practitioner(s) will be **AVAILABLE** during the exam to administer local anesthesia to all Candidate Patients. To be fair to all candidates, the practitioner(s) will be available throughout every day of the exam.
  - There is no charge for this service.

- **Equipment, Instruments and Expendable Dental Materials:**

- A. **Handpiece and Prophy Angle Hookups:** Each Unit is equipped with:

- a Pro 31 Front Delivery Unit.
    - All units have a quick-connector water and air source
    - Handpieces / Air motors are available for loan
    - Candidates borrowing equipment will be required to submit a valid credit which will be returned to candidate upon return of equipment
    - Please notify school representative at time of Q &A session of individual needs for equipment loan.



- B. **Sonic/Ultrasonic Devices:**

- All units have:
      1. Dentsply (30K) Ultrasonic Cavitron with sleeve for candidate use
      2. quick-connector water and air source



- C. **Air/Water Syringe Tips:**

- Air/Water syringe tips are disposable and are supplied by school, at no charge

- D. **Blood Pressure Cuffs and Stethoscopes:**

- Candidates should bring their own BP cuff and stethoscope

- E. **Expendable Materials:** Expendable dental materials supplied by the school are noted in *Appendix A*.

- **Sterilization Services:**

- Instrument and hand pieces, properly sanitized, dried, wrapped, and marked with appropriate candidate identification will be accepted for steam sterilization.
- Sterilization services are available from 8AM- 5PM. Instruments received after 3:00 will not be ready until 11AM the following day.

## 1. During the Clinical Exam

- **Dental Operatory Units:**

- Each cubicle is equipped with a dental chair (NuStar Hydraulic). A delivery unit equipped with an air/water syringe, Dentsply Ultrasonic Cavitron units (30K) and an operator's stool. Any equipment malfunctions should be reported immediately to the Chief Examiner.



- **Infection Control (Surface Asepsis):**

- Handles of unit light and air-water syringes may be covered with either clear plastic barriers or adhesive plastic wrap.
- The dental unit and counter tops may be disinfected by using Cavi-wipes
- The dental chair will be covered with a large clear plastic bag. If the chair needs to be decontaminated, the candidates will use soapy water.
- All wraps for units will be available in each bay.
- Utility Gloves are available in each bay

- A. Hazardous Waste Disposal (exam-type specific):**

- **Hygiene:** Any blood/saliva-soaked waste is considered hazardous and MUST be disposed of in biohazard receptacles located in each bay
- **Local Anesthesia:** Any blood/saliva-soaked waste is considered hazardous and MUST be disposed of in biohazard receptacles located in each bay.

**B. Sharps Disposal:** All needles, anesthetic cartridges and any potential sharps are to be safely placed in the sharp's container located in each cubicle

- **Emergency Medical Equipment:**

- There are (2) oxygen tanks located outside of Bay A- B and Bay B-C
- During the examination an additional oxygen tank will be located in the Examiners' area- Bay D-E
- Pocket Ventilation masks are located in each of the (5) bays
- an Emergency Kit and Emergency Equipment is located on counter outside of

Radiology area

- The Automatic External Defibrillator Units are located:
  - 1 is mounted to wall, located outside of sterilization
  - 1 is mounted to wall, in the hallway next to patient lavatory

## 2. Travel and Lodging Information

**Airport Information:** Mesa is served by two airports: Phoenix Sky Harbor and Mesa Gateway Airport. Phoenix Sky Harbor is approximately 10 miles from the dental hygiene facility and Mesa Gateway airport is 15 miles from the facility. Phoenix Sky Harbor is the larger airport and services most airlines with many flights a day.

Depending on origination, candidates may find flights into both airports and should inquire when booking reservations.

### ▪ **Ground Transportation:**

In non-rush hour periods, expect a minimum drive time of 15-20 minutes.

Candidates have many choices for ground transportation from Phoenix/Mesa airports, including but not limited to:

- **Shuttle bus:**

From Phoenix Sky Harbor: Super Shuttle Express: [www.supershuttle.com](http://www.supershuttle.com)

- From Mesa Gateway: [www.supershuttle.com](http://www.supershuttle.com)

- **Taxi cab**

While several companies serve Phoenix, candidates may elect to use the following. Candidate should call ahead for approximate fares: The following cab company services both airports

AAA Yellow Cab [www.yellowcabaz.com](http://www.yellowcabaz.com) or call 480-888-8888

- **Rental car**

Both airports are served by all major car rental companies. Those listed are some options:

Avis Rent-A-Car (888) 583-6369

Hertz Car Rental (877) 826-8782

National Car Rental (877) 222-9058

Thrifty Car Rental (800) 334-1705

### **Directions for Driving from Airports:**

#### **From Sky Harbor to Carrington College Dental Hygiene facility: 1300 S. Country Club Drive, Suite 2, Mesa, AZ 85210**

Start out going East on Sky Harbor Blvd. 2.2 miles

Merge onto AZ-202-Loop toward Tempe. 4.2 miles

Merge onto AZ-101-Loop South via EXIT 9. 3 miles

Take the US-60 E exit, EXIT 55 toward Globe 3 miles

Take the AZ-87/Country Club Dr exit, EXIT 179 toward Chandler. .3 mile

Turn left onto S. Country Club Dr. .4 mile

1300 S. Country Club Drive is on the left (behind McDonalds and Starbucks)

**From Phoenix-Mesa Gateway Airport to Carrington College Dental Hygiene facility: 1300 S. Country Club Drive, Suite 2, Mesa, AZ 85210**

Start out going North on S. Sossaman Rd toward E. Texas Ave. 1.4 miles

Turn left onto E Ray Road. .4 miles

Take the 1<sup>st</sup> Right onto S. Power Rd. 4.6 miles

Merge onto US- 60 West via the ramp on the Left toward Phoenix. 8.6 miles

Take the AZ-87/ Country Club Dr exit, EXIT 179 toward Chandler. .4 mile

Turn Right onto S. Country Club Drive. .3 miles

1300 S. Country Club Drive is on the left (behind McDonalds and Starbucks)

**Hotel Accommodations:** All Hotels suggested are within or less than .5 miles of the Dental Hygiene Facility:

***Holiday Inn and Suites***

1600 S. Country Club Drive, Mesa, AZ 85210

(866) 238-4218

***Residence Inn***

941 W. Grove Ave Mesa, AZ 85210

(480) 610-0100

***La Quinta Inn and Suites***

902 W. Grove Ave, Mesa, AZ 85210

(480) 844-8747

***Courtyard by Marriot***

1221 S. Westwood, Mesa, AZ 85210

(480) 461-3000



## Required School-provided Expendable Dental Materials Appendices

<b>APPENDIX A – Expendable Dental Hygiene Materials List                      Provided by Exam Site Host (School)                      To be provided in sufficient quantities for all Dental Hygiene Candidates</b>		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Face masks	Prophy paste
Anesthetic(s)	Facial tissue	Sanitizing materials
<ul style="list-style-type: none"> <li>• Local anesthetic(s) with and without vasoconstrictors</li> </ul>	Gloves	Soap
<ul style="list-style-type: none"> <li>• Topical anesthetic(s)</li> </ul>	<ul style="list-style-type: none"> <li>• Gloves, nonlatex (S,M,L,XL)</li> </ul>	Standard saliva ejectors
Autoclave bags, small	<ul style="list-style-type: none"> <li>• Over gloves</li> </ul>	Surface disinfectant
Autoclave bags, medium	Headrest covers	Syringe Needles (27g long & short)
Autoclave tape	Instrument trays	Tray covers
Barrier covers/tape	Paper towels	Trash bags