



**Utah Tech University Dental Hygiene
CDCA-WREB-CITA Dental Hygiene Candidate
Handbook**

**1526 E. Medical Center Drive
St. George, Utah 84770
(435) 879-4905
dentalhygiene@utahtech.edu**

Welcome to Utah Tech University

The faculty and staff of Utah Tech University realize clinical boards are inherently stressful, especially when applicants are working in an unfamiliar clinic. It is our sincere hope that this handbook, which has been prepared to help assist dental hygiene candidates for the CDCA-WREB-CITA administered ADEX dental hygiene exam, will help make your time with us as smooth as possible. **If you have additional questions after reading this handbook, please contact us at (435) 879-4905**, or visit our website (dentalhygiene@utahtech.edu) for more information.

Utah Tech Dental Hygiene is located at 1526 E. Medical Center Dr, St. George Utah 84770.

FACILITY FEE

The facility fee is \$100.00 and will be collected by CDCA-WREB-CITA during online candidate registration.

TRAVEL and HOUSING ARRANGEMENTS

1. Airline and Airport Information:

- St George Regional Airport – 4550 S. Airport Parkway St, St. George Utah 84790
www.flysgu.com
- Las Vegas Airport – 5757 Wayne Newton Blvd, Las Vegas Nevada 89119
www.harryreidairport.com

2. Chauffeured Ground transportation

www.stgshuttle.com

www.harryreidairport.com/Transportation

Rental Car Information

Rental Cars

Alamo – www.alamo.com

Avis – www.avis.com

Dollar – www.dollar.com

National – www.nationalcar.com

Enterprise – www.enterprise.com

3. Driving Instructions



Scan QR Code for Driving Directions

4. Hotel/Motel Accommodations

Reservations should be made directly with hotels/motels accommodations located close to the school are listed below. Candidates should call for rates.

- a. Town Place Suites by Marriot –
<https://www.marriott.com/en-us/hotels/sguts-towneplace-suites-st-george/>
- b. Courtyard by Marriot –
<https://www.marriott.com/en-us/hotels/sgucy-courtyard-st-george/>
- c. Hampton Inn –
<https://www.hilton.com/en/hotels/sguhhhx-hampton-st-george/>
- d. Ramada by Wyndham –
<https://www.wyndhamhotels.com/ramada/saint-george-utah/ramada-st-george/overview>

5. Gas/Food and ATM's

Shell Station: 795 E 700 S, St. George Utah 84770

Maverick: 1349 1450 S., St. George Utah 84770

Harmon's Fuel Stop: 1189 E. 700 S., St. George, Utah 84770

6. Security

Utah Tech University is a very small campus and does not have an on-campus police force or on-site security services for the dates of the examinations. Situations requiring security or police presence should be referred to local law enforcement authorities. Add police department number if desired.

Utah Tech University Facility and Services

1. Building and Access Hours:

The Taylor Health Science building will open from 6:00 a.m. to 6:00 p.m. on examination days, unless otherwise requested by the CDCA-WREB-CITA. Please note that **the day before the examinations begin**, the building and campus **will be closed to everyone** (including tours) for cleaning and pre-examination set-up.

2. Food and Beverage Services:

Utah Tech University has no food, beverage, or cafeteria services for candidates or their patients. Candidates should inform their patients to eat before coming to the exam or candidates may choose to bring a small amount of food and beverage for their patients that the on-site **school coordinator can refrigerate and then retrieve for them** when it is needed. There are many gas stations, restaurants and fast-food establishments located within one (1) mile of the campus if you wish to purchase food. However, **food or drink are not allowed in any areas** near the candidate clinics or check in desk during the examination.

3. Registration and Identification Badges

Numbered badges issued to candidates (by CDCA-WREB-CITA at the exam) will serve as your I.D. throughout the examination. The badge must be worn at all times while in the building. Badges **must be turned in** at the completion of the examination(s) as a part of the checkout procedure with CDCA-WREB-CITA.

4. Parking

- a. Enter the Clinic on the South Side of the Taylor Health Science Center
- b. **Free parking** for Candidates allowed in any part of the parking lot located at the Russell Taylor Health Science Building.
- c. Permits are not required during examination days and parking lot hours are 6:00 a.m. to 6:00 p.m.
- d. Vehicles left after hours on campus are subject to being towed.



Preparing for the Clinical Phase of the Examination

Candidates will be using the Utah Tech Dental Hygiene clinic. Each candidate will be assigned a numbered operator that corresponds to his or her numbered I.D. badge issued prior to the start of the exam. Each operator is equipped with one dental chair, one delivery unit equipped with air/water syringe, and one operator's stool. All equipment malfunctions that take place during the examination should be immediately reported to the Chief Examiner.

Emergency Equipment and Preparedness for Medical Emergency

All candidates should familiarize themselves with the location of the oxygen/emergency cart (medical emergency kit) and the first aid kit. During the examination, the emergency cart/first aid kit and the AED are located next to Pod 4 in the clinic. **In the event of an emergency, the procedure is:**

- a. STAY WITH YOUR PATIENT; verbally notify the CDCA-WREB-CITA Floor Assistant, School Coordinator or Chief Examiner of the emergency.
- b. Make sure someone calls the local 9-1-1 (notify EMS).
- c. Administer oxygen (O₂) from the green oxygen cylinder located next to the medical emergency kit.
- d. Administer Basic Life Support (BLS) until EMS arrive.

During the Board

1. Handpiece and Propy Angle Hookups.

Since this is a manikin exam, handpieces and prophy angles will not be provided.

2. Sonic/Ultrasonic Devices.

All operatories are equipped to operate the ultrasonic devices listed/pictured below. The air pressure to each operator chair and all the handpieces are factory set at approximately 35 to 50 psi. Please ensure that your devices will operate effectively within these parameters.

If you prefer to bring your own ultrasonic scaling unit please familiarize yourself with the dental chairs and hook-up/connection features outlined in this section of the guide. Please note the single water hook-up/connection picture below for all ultrasonic scaling units. The water hook-up is a standard ADEC hook up (please see the picture below of the 8.0 Water Tubing with ¼ male non-shut off quick release attachment or visit www.autoscaler.com for manufacturers unit specifications and limitations). All water is supplied from a pressurized bottle on the unit.



- Utah Tech University features magnetostrictive ultrasonic scaling units with a 30K lavage knob for lavage control/adjustment. The lavage knob accepts Dentsply® Cavitron® Brand/Type 30K TFI, P, SLI, and FSI ultrasonic inserts. If you are still in doubt about what types of tips to obtain Utah Tech University commonly uses the Cavitron THINsert 30K CTI-10S (Reorder 81551), the SlimLINE 30K FSI-SLI-10S (Reorder 80395), and the PowerLINE 30K FSI-PWR-1000 (Reorder 80799). **Note: All Ultrasonic Scalers available for candidate use provided for free by Utah Tech University utilize magnetostrictive technology.** Please familiarize yourself with the application, limitations, and restrictions of this technology before you arrive to the examination site.
- All ultrasonic units supplied for candidates by Utah Tech University are provided “as is” and are in a “used” condition. Every effort has been made to ensure that rentals are in good working order; however, due to their “used” condition performance expectations may vary from unit to unit. **All tips/inserts for all available ultrasonic units (along with gaskets for tips/inserts) are not supplied by Utah Tech and are not available for rental or purchase from Utah Tech. Please plan accordingly and bring your own ultrasonic tips with gaskets!** If you wish to arrive at Utah Tech University before your scheduled testing day to hook-up your ultrasonic unit you may do so if you call and schedule a time with the front desk receptionist. If the CDCA-WREB-CITA exam has already begun you cannot enter the clinic.

3. Infection Control/Asepsis Requirements

a. Surface Asepsis

- i. Handles of the unit light, radiographic tube heads, and chair head and chair controls must be covered with either clear plastic barrier wrap or aluminum foil.
- ii. The patient chair, dental unit, counter tops, and operator stool should be disinfected with disinfectant wipes.
- iii. Disinfectant wipes, plastic/barrier headrest covers and plastic/barrier wrap are provided by Utah Tech University for all candidates free of charge.
- iv. Disposable plastic overgloves are available (free of charge) for candidates upon request.
 - v. Candidates must furnish their own sturdy utility gloves (nitrile preferred) to be worn when handling or packaging dirty instruments through (or to and from) the candidate clinic area.

- vi. Universal infection control guidelines and Personal Protective Equipment (P.P.E.) and guidelines should be observed during the CDCA-WREB-CITA exam at Utah Tech University. This includes standard OSHA standards and guidelines.

b. Personnel Protective Equipment

- i. Appropriate protective equipment (which includes disposable gowns) is provided/available by Utah Tech University (one per day free of charge) and must be worn in all occupational exposure situations.
- ii. Disposable gloves, masks, and gowns will be available on the clinic floor free of charge during the examinations.
- iii. Candidates must provide their own OSHA-acceptable protective glasses and should also provide protective glasses for their patients. Please note that Utah Tech University does not provide disposable side shields for glasses.

c. Hazardous Waste

- i. Any blood/saliva soaked waste is considered hazardous and should be disposed of in the available/provided (red) biohazard bags.
- ii. Sharps: All needles, anesthetic cartridges, and any potential sharps are to be placed in the red plastic sharps containers located throughout the clinic.

d. Sterilization

- i. Instruments and handpieces can be processed and run through a steam sterilizer after your examinations free of charge for candidates requesting this service. Utah Tech University will not lube, wipe down, scrub, ultrasonic, or wash instruments either inside or outside of cassettes. All instruments should be wiped down and clean of visible debris before being brought to the sterilization drop-off area. Submitted candidate instruments should be placed in a sealed sterilization bag within a closed stainless-steel instrument cassette or simply bagged by the candidate for sterilization. Stainless steel instrument cassettes submitted for sterilization should be able to fit comfortably within a 7 ½ W x 13 L disposable self seal sterilization pouch. Hand sterilization bags provided to candidates are no larger than 7 ½ W x 13 L. Candidates may request extra large autoclave bags (13 x 20) if needed. All submitted instruments/items for sterilization should be clearly marked with the candidates CDCA-WREB-CITA identification number only. To ensure all candidates anonymity all instruments used in the exam should not be marked with candidate names or initials or other identifying markings. Instruments submitted for sterilization will be processed/sterilized with a minimum required turn around time of three hours. Items submitted after 3:00 p.m. will be available for pick-up the following business day by 8:00

a.m. (Utah Tech University is not open on Sunday). All items submitted to be sterilized **must be picked up from Utah Tech University within five days of the conclusion of the examination.** If the candidate chooses to use the sterilization services provided by Utah Tech University the candidate assumes all liability for lost or damaged items submitted.

- ii. The time that instruments can be retrieved depends on the length of time necessary for processing and sterilization, as well as the number of other candidate's instruments. The shortest amount of time in which instruments can be processed is **approximately three hours**. The sterilization assistant will provide you an estimated time after which you may pick up the sterilized instruments. Please do not submit any materials or instruments that may be damaged during the sterilization process.

*THE Utah Tech University ASSUMES NO RESPONSIBILITY OR LIABILITY FOR CANDIDATES WHO BRING DENTAL/DENTAL HYGIENE INSTRUMENTS, ULTRASONIC SCALERS, OR OTHER PERSONAL EFFECTS/ITEMS ONTO CAMPUS. THIS POLICY ALSO INCLUDES ITEMS THAT MAY BE LOST, BROKEN, STOLEN, OR DAMAGED, (OR THAT ARE NOT RETRIEVED **WITHIN FIVE DAYS AFTER THE CLOSING OF THE EXAMINATION**). PLEASE ARRANGE TO HAVE YOUR ITEMS PICKED UP.*

4. Disposable Items:

All of the following items are expendable materials and are provided free of charge by Utah Tech University to all candidates.

- Surface disinfection wipes
- Barrier materials & tape
- Bracket tray covers
- Red biohazard bags
- Headrest covers
- Barrier tape (roll)
- Tray covers/Barriers
- Styrofoam instrument trays
- Overgloves
- HVE Tips
- Disposable bib clips
- Non-latex gloves (S-XL)
- Air water syringe tips (plastic)
- Facial tissue
- Patient napkins
- Standard saliva ejectors
- Face masks
- Cotton rolls
- Soap (liquid)
- 2 x 2 gauze squares
- Paper towels
- Prophylactic paste
- Sanitizing materials
- Oral pre-rinse & cups
- Disposable needle stick protectors
- Cotton swab (tip applicators)
- Antimicrobial mouthwash
- Autoclave bags (S-L)
- Drinking cups (small)
- Topical anesthetic(s)
- Local Anesthetics*
- 30 gauge short needles
- 27 gauge long needles

Disposable Air/Water Syringe Tips and Bite Blocks

Utah Tech University provides and uses disposable air/water syringe tips for the examination. Candidates should plan ahead and bring bite blocks to make their patients more comfortable during the exam. If you prefer metal air/water syringe tips you should plan accordingly and bring them to the exam with you as Utah Tech University does not provide them.

5. Translation Services

Translation services for candidates and patients are not provided by Utah Tech University. Candidates wishing to bring a translator (for languages other than English) must provide all accommodations required. All translators must check in with the CDCA-WREB-CITA desk coordinator and school coordinator upon arrival and will only be allowed into the clinical area when their services are required. Candidate translators must abide by all applicable candidate rules (no cell phones, notes, or PDA's) and safety requirements as well as all reasonable CDCA-WREB-CITA and/or Utah Tech University school coordinator requests to ensure that all other candidates have a fair, secure, quiet, safe, effective, and successful examination.

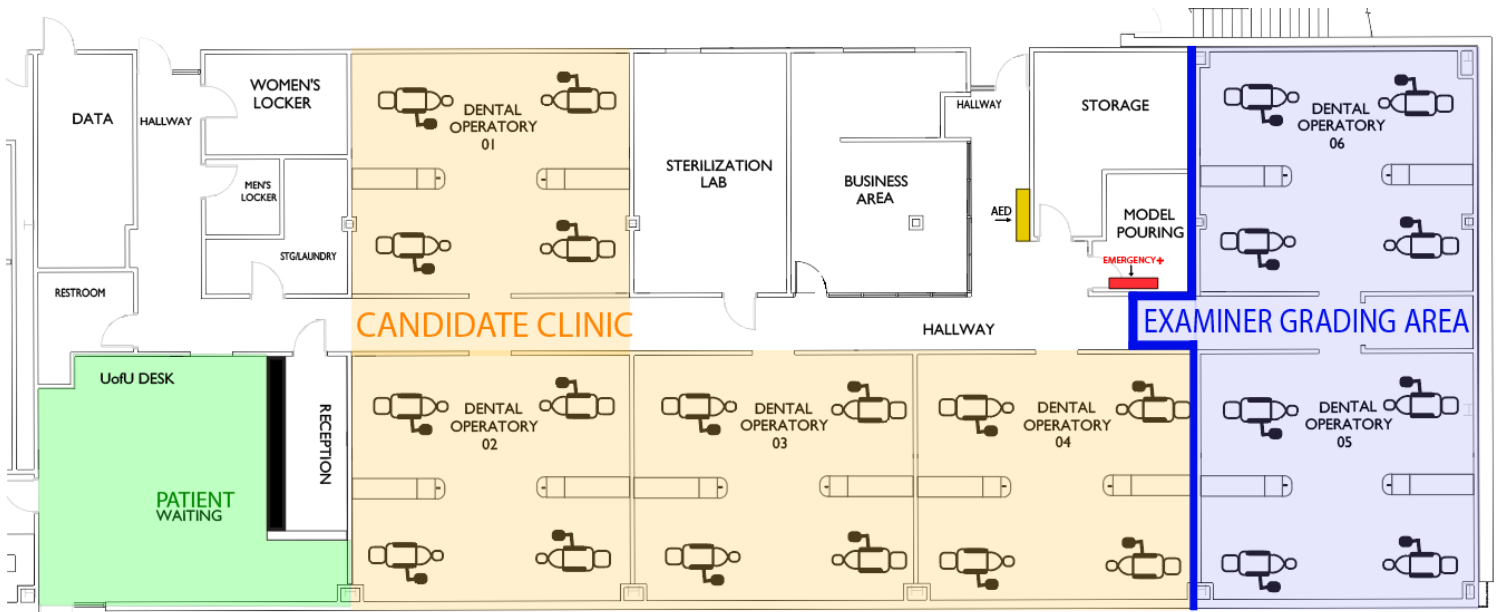
6. Other Limitations

No instrument sharpening services for dental hygiene instruments are available at Utah Tech University before, during, or after the examination(s). If a candidate experiences a broken tip on one or more of their instruments during the examination Utah Tech University does NOT have replacement instruments to loan/sell to candidates, so please come prepared accordingly. Patients that have a latex allergy will not be allowed into the clinic for your CDCA-WREB-CITA examination! As a reminder candidates and patients should not bring cell phones, notes, or PDA's to the examination. Items left behind after a candidate's exam is completed may not be returned. Utah Tech University will make every effort to remind candidates not to leave instruments and other items behind when they leave as Utah Tech University will not mail ANY items left behind. If candidates request any help from the Utah Tech University School Coordinator or staff, we will be happy to help, however the candidate assumes all responsibility for any help or attempted assistance given. Inadvertent damage or perceived damage to any personal items, instruments, ultrasonics, or other items that the candidate is seeking help with is the sole responsibility of the candidate. Utah Tech University does not rent ultrasonics or ultrasonic tips.

EXAM ROOM ASSIGNMENTS

***(NOTE: See official CDCA-WREB-CITA documents for days, dates, and times
See Utah Tech University Floor Plan on following page for Locations)***

We hope that this guide has been helpful and that your examination experience at Utah Tech University will be a pleasant one. Good luck on your examination!



- Green : Patient Waiting Area
- Orange : Candidate Clinic Area
- Blue: Examiner Grading Area
- Red: Emergency Equipment
- Yellow: AED Equipment