



ADAMS SCHOOL OF DENTISTRY

ADEX Dental and Hygiene Exams CANDIDATE INFORMATION

University of North Carolina Adams School of Dentistry 140 Dental Circle, Chapel Hill NC

The information contained in this document is designed to assist the candidate with taking the American Board of Dental Examiners (ADEX) Dental Examination administered by CDCA-WREB-CITA hosted by the UNC Adams School of Dentistry. The information, protocols, and policies contained herein are formulated solely by the administration of the UNC Adams School of Dentistry. Please contact the UNC site coordinators for the CDCA-WREB-CITA exams at ASOD\_boards@unc.edu with any questions about the facilities.

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## Restorative and Periodontal/Hygiene Exams

- Do not come to the exam if you are sick. Please contact the CDCA-WREB-CITA examiner if you are sick to receive instructions on what to do if you are sick on the day of the exam.
- UNC ASOD will not sterilize instruments owned by outside candidates. All Restorative and Periodontal exam candidates must plan for instrument sterilization prior to the exam.
- Periodontal Exams: Polishing is not required for the Periodontal exam, so these materials are not provided by default.
- A Williams Probe (Yellow PVC) for the Restorative exam will be available for each candidate. CDCA-WREB-CITA provides all exam typodonts. Do not bring your typodont or screwdriver to the exam.

### Instrument Ordering and Sterilization

- All the instrumentation and supplies necessary to complete each exam (see lists provided below) are made available to every candidate. Please use the survey below to order supplies for the Restorative and Periodontal Exams. If you do not complete the survey, then the basic materials for the first procedure will be placed in your operatory on the day of the exam. All materials for subsequent procedures (if applicable) can be picked up from the staff right outside of the exam room.
- **Also, candidates are responsible for repackaging, transportation, and sterilization of candidate-provided instruments after the exam. UNC does not sterilize candidate-owned instruments *after* completion of the exam.**

### Exam Survey

**ALL CANDIDATES must complete the following Survey during the window listed below:**

[https://unc.az1.qualtrics.com/jfe/form/SV\\_3ITrfD8kYmxRHdX](https://unc.az1.qualtrics.com/jfe/form/SV_3ITrfD8kYmxRHdX)

- 1) Confirm which ASOD-provided instruments you plan on using. Lists of basic materials for each portion of the exam are provided [Periodontal on page 3](#) and [Restorative on page 4](#) of this document. Even if you forget to select one of these standard items, they will be available at the tables outside the exam room.
- 2) Confirm any additional needs or questions you may have.
- 3) On the day of the exam the materials you have requested for your first procedure will be in your assigned operatory. Any additional materials, such as ones for additional procedures, will be available in the Dispensary.

You will receive an email with this survey link approximately 25 days before the exam.

## Important Dates and Facility Fees

Candidate materials requests will be granted only if they contact ASOD by the deadline. If you do not contact ASOD you will be issued the basic materials set up for all portions of the exam and you will need to pick up any additional materials at the dispensing table outside the exam room. **The survey will only be active during the window below.** Please do not call the CDCA-WREB-CITA office regarding instruments or sterilization, you must contact [ASOD\\_boards@unc.edu](mailto:ASOD_boards@unc.edu) with instrument and materials questions.

	Exam Date	The window for Completing the Survey
DDS (Pros/Endo)	February 24-25, 2023	January 23 – February 23
DDS (Pros/Endo)	March 25, 2023	February 27 – March 24
DH	April 21-22, 2023	March 27 – April 20

The facility fee will be collected by CDCA-WREB-CITA at time of online registration.

Dental Exam: \$630

Hygiene Exam: \$275

## Instruments, Equipment, and Consumable Materials - Periodontal/Hygiene Exam

Below are the items included Included in each Candidate Kit

ScalingTray (Marked SC)			
Mirror	13/14 Gracey	Nabors Probe	Cotton Pliers
17/23 Explorer	13/14 Columbia	Anesthetic Syringe	SH 6/7 Scaler
1/2 Gracey	411/412 Scaler	11/12 Gracey	11/12 Explorer
Sharpening Stone	Plastic Test Stick		
Cavitron Tips		Green Slimline 3-pk	
Consumables		Waxed Floss	
Available in the exam room			
Portable Cavitron unit	Gloves		
Additional Materials available at the dispensing table outside of the exam room			
Cavitron blue tip	Cavitron black tip	Cavitron black tip	

Instruments, Equipment, and Consumable Materials - Restorative Exam

The following materials are provided in every Candidate Kit or are available at each bench			
Instrument Cassettes and Accessories			
Rubber Dam (Marked RD)			
Standard clamps	Curved Scissors	Rubber Dam Forceps	Frame
Operative Cassette (Marked OP)			
Iris Scissors	MT 29	Mirror	AC 2 Large Condenser
Hemostat	MT 28	Mirror	26/28 Ball Burnisher
Amalgam Well	UNC Hoe 101	2 A Explorer	Large Discoid 3/6
Amalgam Carrier	Dycal Spatula	17/23 Explorer	Small Discoid 4/5
Matrix Retainer	FP 1	UNC 15 Probe	1/2 Hollenbeck
Syringe	Mini 3	42/43 Black spoon	34/35 Amalgam Knife
Bard Parker #3 Handle Knife	Flex CIGFT 1	70/71 Spoon	Cotton Pliers
110 Pliers	AC 1 Small Condenser	8/9 Hatchet	Paper Forceps
Williams Probe (yellow plastic probe)		Williams Probe/PCV-12	
Additional Instruments Included			
Jiffy Polishers	Composite Gun		
Bur Caddys			
Amalgam Prep / Polish Kit Burs			
Brownie	260.10 M Flame	4 Slow latch	4RD HSP
Greenie	D830-009	6 Slow latch	2RD HSP
White Stone	169L	8 Slow latch	1RD HSP
Green Stone	245	41UF018	¼ RD HSP
379UF018	271	246LUF012	862C STUMP
7901			
Composite/Operative Burs			
OP1	OP2	7903	7006
OP 330	260.10 F	OP245	2RD HS
¼ Round carbide	1RD HSP		
<i>Other burs are available upon request at the dispensing station outside of the exam room</i>			
Materials Available at each Bench			
Gloves	Cavitron Unit	Curing Light	Rubber Dam Punch
NSK Pneumatic/Air Driven Hand Pieces		Slow Speed/Latch/Right Angle	Slow speed motor
Bien Air Electric HP		High Speed	
Consumable Material Packets			
stamped rubber dam	Bond	BiteCheck articulating paper	etch with tip
rubber dam napkin	micro brushes	finishing strips	waxed floss
POH Floss	toothpicks	wooden wedges (assorted sizes)	12 blade
matrix bands	mixing wells	Composite	Clear Matrix

Optional Items available at the dispensing table in front of the Exam Room			
Sof-Lex Discs	Sof-Lex Mandrel	Triodent sectional matrix	Enhance points and cups
Air Driven High Speed			

UNC Adams School of Dentistry will not have safety glasses to loan or sell.

*The instruments listed above are provided by UNC ASOD. It is strongly suggested that if the candidate is familiar with a certain instrument or bur not referenced here that they provide such an instrument and ensure that it is properly sterilized before the exam.*

## Prosthodontic and Endodontic Exams:

- Do not come to the exam if you are sick. Please contact the CDCA-WREB-CITA examiner if you are sick to receive instructions on what to do if you are sick on the day of the exam.
- CDCA-WREB-CITA provides all exam typodonts. Do not bring your typodont or screwdriver to the exam.

## Exam Survey

**ALL CANDIDATES must complete the following Survey during the window listed below:**

[https://unc.az1.qualtrics.com/jfe/form/SV\\_3ITrfD8kYmxRHdX](https://unc.az1.qualtrics.com/jfe/form/SV_3ITrfD8kYmxRHdX)

- 1) Confirm which UNC-provided instruments you plan on using. Lists of basic materials for each portion of the exam are provided [Prosthodontic and Endo on Page 6](#) of this document.
- 2) Confirm any additional needs or questions you may have.
- 3) On the day of the exam the materials can be picked up outside of the Sim Lab.

You will receive an email with this survey link approximately 25 days before the exam.

## Important Dates

Candidate materials requests will be granted only if they contact ASOD by the deadline. If you do not contact ASOD you will be issued the basic materials set up for all portions of the exam and you will need to pick up any additional materials at the dispensing table outside the exam room. **The survey will only be active during the window below.** Please do not call the CDCA-WREB-CITA office regarding instruments or sterilization, you must contact [ASOD\\_boards@unc.edu](mailto:ASOD_boards@unc.edu) with instrument and materials questions.

	Exam Date	The window for Completing the Survey
DDS (Pros/Endo)	November 10-11, 2023	October 9 – November 9

## Instrument Ordering

- All the instrumentation and supplies necessary to complete each exam (see lists provided below) are made available to every candidate. If you need to use UNC's instruments or equipment, an email will be sent out before the exam to verify what materials you will need for the exam.
- Staff will be on-hand in front of the simulation lab to help dispense any materials you may need to take these portions of the exam.
- Instruments for the Prosthodontic and Endodontic exams are not required to be sterile.
- Williams Probes (Yellow PVC Probe) or Clear Vue Probes (White with multi-color marking) are available for all candidates.
- Please return all UNC instruments and equipment at the completion of the exam.
- **Also, candidates are responsible for repackaging, transportation, and sterilization of candidate-provided instruments after the exam.**

## Instruments, Equipment, and Consumable Materials – Prosthodontic and Endo Exams

Each manikin workstation is equipped with (See page 7 for Pictures of the units):

- Air-Driven –NSK Slow Speed (four-hole) and High speed (five-hole) fiber optic with quick disconnects.
- Electric - Bien-Air handpiece connections and hoses.
- We can provide handpieces to fit our units. Please let us know on your survey if you will need to borrow these for the exam.

Questions regarding instruments and equipment can be directed to [ASOD\\_boards@unc.edu](mailto:ASOD_boards@unc.edu).

<b>Pros and Endo Materials List</b>			
Mirror	Endo Ruler	Cotton Pliers	UNC 15 Probe
2A Explorer	5/7 Plugger	8/9 Hatchet	Chisel 101
17/23 Explorer	# 32 Excavator	AC-2 Condenser	Boley Gauge
Endo Explorer	Glick 1	Silver Bard Parker	Iwanson Gauge

<b>Endo Equipment</b>	
Midwest air-driven handpieces	Wave One Motor and accessories

<b>Endo Sponge</b>	
Stainless Steel K files 25mm 10, 15, 20, 25, 30, 35, 40,45, 50, 55, 60	NiTi finger spreaders 25mm 25
.04 Taper: Vortex Blue 25mm 20, 25, 30, 35, 40, 45, 50	.06 Taper: Vortex Blue 25mm 20, 25, 30, 35, 40

<b>Endo Rubber Dam kits</b>		<b>Pros Rubber Dam Kits</b>	
Dam Frame	clamp 26N	Punch (at your station)	W2 clamp
Dam Forceps	Rubber Dam	Dam Frame	W4 clamp
clamp #2 (2 each)	irrigation syringe & tip	Curved Scissors	W7 clamp
		W56 clamp	W8 clamp
		212 clamp	

<b>Endo Bur Packs</b>		<b>Pros Bur Kits</b>	
2 round FG high speed	Endo Z friction grip	2 round carbide	258.SB gold diamond
4 round FG high speed	169L carbide	4 round carbide	285.5C diamond
4 round surgical slow speed/latch	Lentulo spiral	169L carbide	781.8C diamond
6 round surgical slow speed/latch	557 carbide	252. SC gold diamond	782.8C diamond
		253.SC gold diamond	TGE 1.4F diamond
		254.SC gold diamond	8878 Kanoy

*Other burs are available upon request*

<b>Consumable Materials</b>			
gowns	masks	gloves	rubber dam
<b>Endo Consumables</b>		<b>Pros Consumables</b>	
AH Plus Sealer	RC Prep	120C diamond bur	matrix bands
Paper Points Med and Fine	Endo stoppers	Lab Putty	POH floss
Gutta Percha Master Cones 25-60 (.04)	Gutta Percha Accessory Points size 30	wood wedges, assorted sizes	Microbrushes, white and green
Cotton Pellets		dry gauze	finishing strips
		Jiffy points and cups	waxed floss


Indicates Instruments and Equipment

Indicates Consumable Materials



# Operatory set-up and Dental Unit Equipment – All Exams Koury Simulation Lab Bench Layout



*The typical workstation in the Koury Sim Lab*



*Manikin and handpiece set-up Koury Sim Lab*



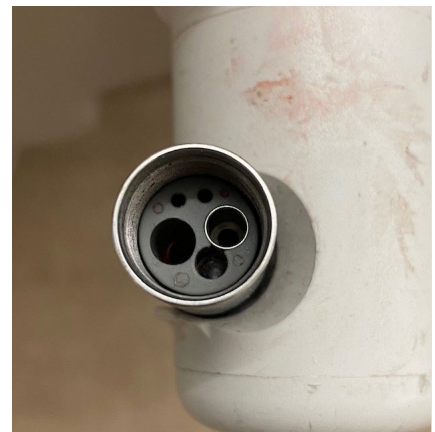
*Bien Air Electric Handpiece controls and Air Driven connections*



*Bien Air Electric Connection*



*NSK Slow Speed Air Driven Connection*



*NSK High-Speed Air Driven Connection*

Directions on how to operate the Bien Air controls: [https://dental.bienair.com/media/ideo/download\\_files/2100306\\_MDE\\_MOC\\_OPTIMA-INT\\_MULTI.pdf](https://dental.bienair.com/media/ideo/download_files/2100306_MDE_MOC_OPTIMA-INT_MULTI.pdf)

## Post-Exam Treatment of Instruments – All Exams

Only sterile instruments and handpieces may be used in patient treatment.

### A) UNC Owned Instruments – Manikin-Based Exams:

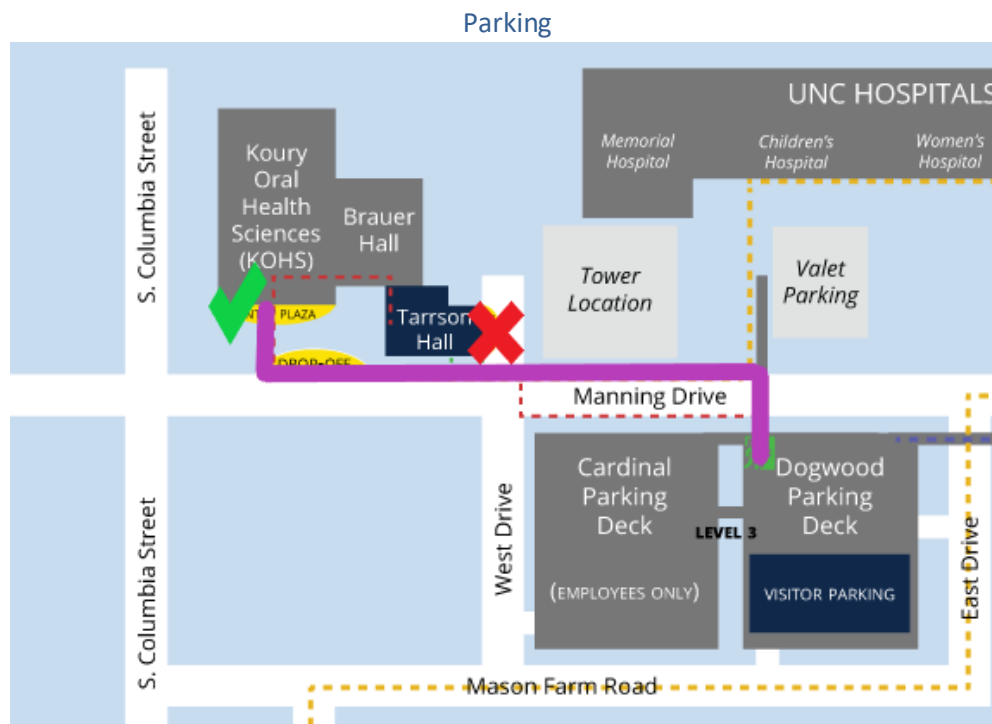
Return instruments, equipment, and unused consumables to the tables in front of the simulation lab. Confirm with staff that all instruments have been received and you are clear of any liability.

### B) Candidate-owned instruments:

UNC does not sterilize candidate-owned instruments after the exam. It is the candidate's responsibility to clean and package their tools for transportation and ensure that they are properly sterilized after completion of the exam.

## Other Facility Rules and Information

To ensure a smooth-running examination, it is essential that you strictly adhere to the following rules, procedures, and guidelines:



Patient & candidate parking is available in the UNC Hospital **Dogwood Parking Deck** (highlighted in purple on the map above) across the street from UNC Hospitals on Manning Drive. Parking fees are \$1.50 per hour maxing out at \$10/per day. **We do not validate parking for candidates or patients.** Please note that the main access to the deck is located on East Drive. For complete directions, visit <http://www.dentistry.unc.edu/maps/>.

### Access to the Facility

Please use the main Koury Hall entrance for the easiest access to the exam facilities. The walkway that goes from the parking decks to the dental school will bring you out at the Tarrson entrance. You will need to walk around the outside of the building to get to the Koury Entrance. Follow the purple path indicated on the map above that leads to the green checkmark. Please do not enter through the areas marked with the red X.

You will be allowed to enter the School of Dentistry after 6:15 am; however, candidates will NOT be allowed into the Exam Area until after registration has concluded at 7:00 am. The school will be locked each night at 7:00 p.m.

### Storage of Instruments and Supplies

You are reminded that there are no provisions for storing instruments, equipment, supplies, and personal belongings at the Dental School, either overnight OR during the day. The school does not have space available for storage. If you leave items



at the School during the examination period, you do so at your own risk! *UNC Adams School of Dentistry is not responsible for items lost or stolen during the exam.*

### Smoking, Food, and Beverages

Smoking is not permitted within the School of Dentistry. Please ensure that your patients and assistants are informed of these rules. There is a convenience store located inside the ASOD Atrium that is open on weekdays only. There are vending machines throughout the school.

### UNC Adams School of Dentistry Facilities and Materials Only Inquiries

Questions or concerns related to the information in the document, facilities, policies, and/or fees charged by the School of Dentistry may be directed to [ASOD\\_boards@unc.edu](mailto:ASOD_boards@unc.edu).

### CDCA-WREB-CITA/ADEX Examination Inquiries

UNC School of Dentistry representatives are not able to answer exam-specific questions.

All exam-specific questions must be directed to the CDCA-WREB-CITA offices at [Contact CDCA-WREB-CITA](#).

