



Exam Site Information for Candidates  
CDCA-WREB-CITA  
2023 Local Anesthesia & Restorative Examination

Lake Washington Institute of Technology  
11605 132<sup>nd</sup> Avenue NE  
Kirkland, WA 98034  
425-739-8157



**Exam Site Information for Candidates**  
**2023 CDCA-WREB-CITA Local Anesthesia & Restorative Examinations**

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## 1. School Facility and Services

- **Facility Fees**

The facility fee is \$85.00 for Local Anesthesia and \$85.00 for Restorative and will be collected by CDCA-WREB-CITA at time of online registration.

- **Location, Building Access and Hours:**

Lake Washington Institute of Technology  
11605 132<sup>nd</sup> Avenue NE, E106, Kirkland WA 98034

Carrie Sasynuik: [carrie.sasynuik@lwtech.edu](mailto:carrie.sasynuik@lwtech.edu) (preferred) or (425) 739-8157

Building Opens: 6:00am-6:00pm daily for duration of exam.

- **Parking:** Any open parking area; no charge for parking.
- **Security and Emergency Services:** 425-739-8224 or 911

## 2. Preparing for the Local Anesthesia Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective Local Anesthesia Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

**A. Handpiece and Propy Angle Hookups:** Handpiece hook-ups are two and four-pin **Air/Water Syringe Tips:** Air/water syringe tips are provided by the school.

**B. Blood Pressure Cuffs and Stethoscopes:** The Candidate is responsible for providing their own.

**C. Expendable Materials:** Expendable dental materials supplied by the school are noted **Appendix A** (items not listed are responsibility of Candidate).

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged instruments, with your candidate number on the bag in the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization. Please allow 24 hours for sterilization.

- Anesthesia Exam: If sterilization of your syringe is needed to re-take the exam, we cannot guarantee your syringe will be sterilized in time for your retake exam.

## 3. Preparing for the Restorative Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective Restorative Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

**A. Handpiece and Propy Angle Hookups:** Handpiece hook-ups are two and four-pin.

**B. Air/Water Syringe Tips:** Air/water syringe tips are provided by the school.

**C. Curing Lights:** Curing lights will be available at each operatory.

**D. Amalgamators:** Several are placed within the clinic (2-units will share one amalgamator).

**E. Expendable Materials:** Expendable dental materials supplied by the school are noted in **Appendix B**. (items not listed are responsibility of Candidate).

Additional supplies/handpieces might be available upon request, by contacting the school coordinator prior to the exam, by e-mail [carrie.sasynuik@lwtech.edu](mailto:carrie.sasynuik@lwtech.edu).

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged instruments, with your candidate number on the bag in the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization. Please allow 24 hours for sterilization.

#### 4. During the Clinical Exam

- **Dental Operatory Units:** ADEC/Cascade dental chair with foot control chair operations.
- **Infection Control (Surface Asepsis):** Surface areas not covered by a barrier will be wiped with Biorex and a 4 x 4 gauze. These items are located at each sink station in the clinic.

##### A. Hazardous Waste Disposal (exam-type specific):

- **Local Anesthesia:** Place both the needle and spent carpule of anesthetic in the sharp's container. There is a sharps container in each op.
- **Restorative:** Procedure for disposal of amalgam scraps. Amalgam scraps can be placed in the amalgam scrap jars located next to the. Please **no plastic** amalgam capsules in scrap container. Amalgam only.

**B. Sharps Disposal:** Sharps containers are in each op. Only for needles and anesthetic carpules.

- **Emergency Medical Equipment:**

- A. Phones:**

- Room 106(clinic): by the computer in the middle island
    - Front desk: out through the doors into the reception area.
    - **For emergency help dial 9-911 and then #8224** (school security).

- B. Fire Extinguishers:**

- Room 109: in the hall outside the Examiner's clinic
    - Room 106 by the windows and emergency exit
    - How to use: pull the pin, aim at the base of the fire, squeeze the trigger

**Do not use if faced with a large or rapidly growing fire, just exit as soon as possible (always take your patient)**

- C. Nearest Exits:**

- Room 106 clinic: out the emergency exit in the main dental clinic between the treatment rooms C5 and D5
    - Once outside continue along the path and move away from the building

- D. Eyewash Stations (wear your protective eyewear):**

- Room 109: back lab
    - Examiner's Clinic: 1<sup>st</sup> sink on the right
    - Room 106 main testing clinic: each row of treatment rooms has one sink with an eye-wash station, be sure to locate the one that is closest to you before you begin your procedure. There is also an eye wash station in the sterilization room.

**Pull off the green caps, pull the metal stopper on the back of the faucet and turn the water on. Flush eyes thoroughly.**

- E. Emergency Oxygen:**

- Examiner's Clinic: inside door as you enter from the lab
    - Room 106, main testing clinic: by the emergency exit and by the entrance door to the processing rooms.

**On/Off knob is on the side (a lever), flow knob is circular, everything else is hooked up. Addition oxygen can also be found when the N2O is set up.**

- F. First Aid, Emergency Kits and Defibrillator (AED):**

- Examiner's room #107 in the cabinets attached to the sterilization area – first aid only
    - Room 106 main testing clinic: First Aid hanging on the wall by the master switch and first aid and all emergency items in four (4) drawers across from the as you enter through the main Clinic doors.
    - Defibrillator (AED) mounted on the wall next to the entrance for the x-ray processing room.

**MSDS Manual/Book:** in op number F-1 in the cabinet

**Exposures and Exposure Personnel (wear your PPE and handle sharps carefully):**

Clinic Floor Coordinator – 1<sup>st</sup> office on the left as you enter clinic floor  
Clinic Office Manager – Reception

**5. Travel and Lodging Information**

**Airport Information:** SeaTac (Seattle Tacoma) International-travel time approximately 45 minutes from the airport-normal traffic

**Ground Transportation:** Shuttle Express, rental cars

**Hotel Accommodations:**

**The Clarion Inn at Totem Lake**

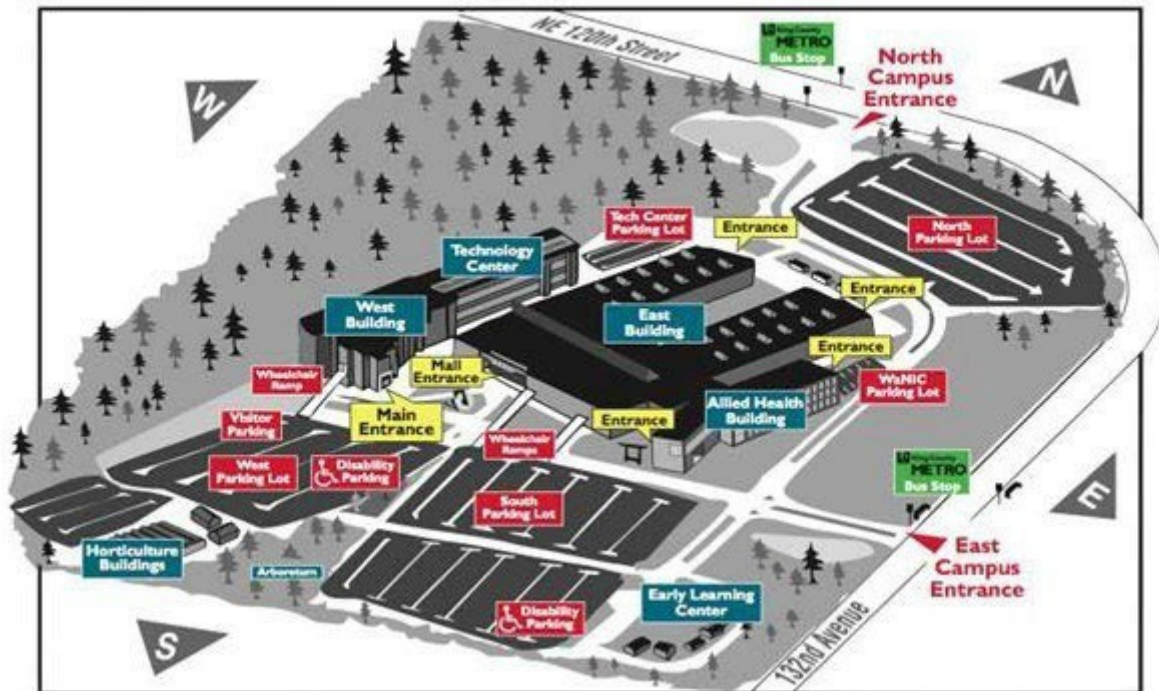
12233 Totem Lake Way  
425-821-2202

**Silver Cloud Inn**

12202 NE 124<sup>th</sup>  
425-821-8300

**Best Western Kirkland Inn**

12223 NE 116<sup>th</sup>  
425-822-2300 or 1-800-528-1234 (reservations center)



## 6. Campus Map:

The dental clinic located in the east building in E106. The east building is the two-story U-shaped building on the map. The dental clinic located in the lower right side of the U shape.

### EAST (MAIN) ENTRANCE:

From the **South** parking lot enter through the Allied Health Building. Enter the Allied Health Building and take the elevator down to the first floor. Take a right out of the elevator, then an immediate right. Once you pass the stairs, the dental clinic entrance is through the double doors on your left. Please wait outside the double doors

### NORTH ENTRANCE:

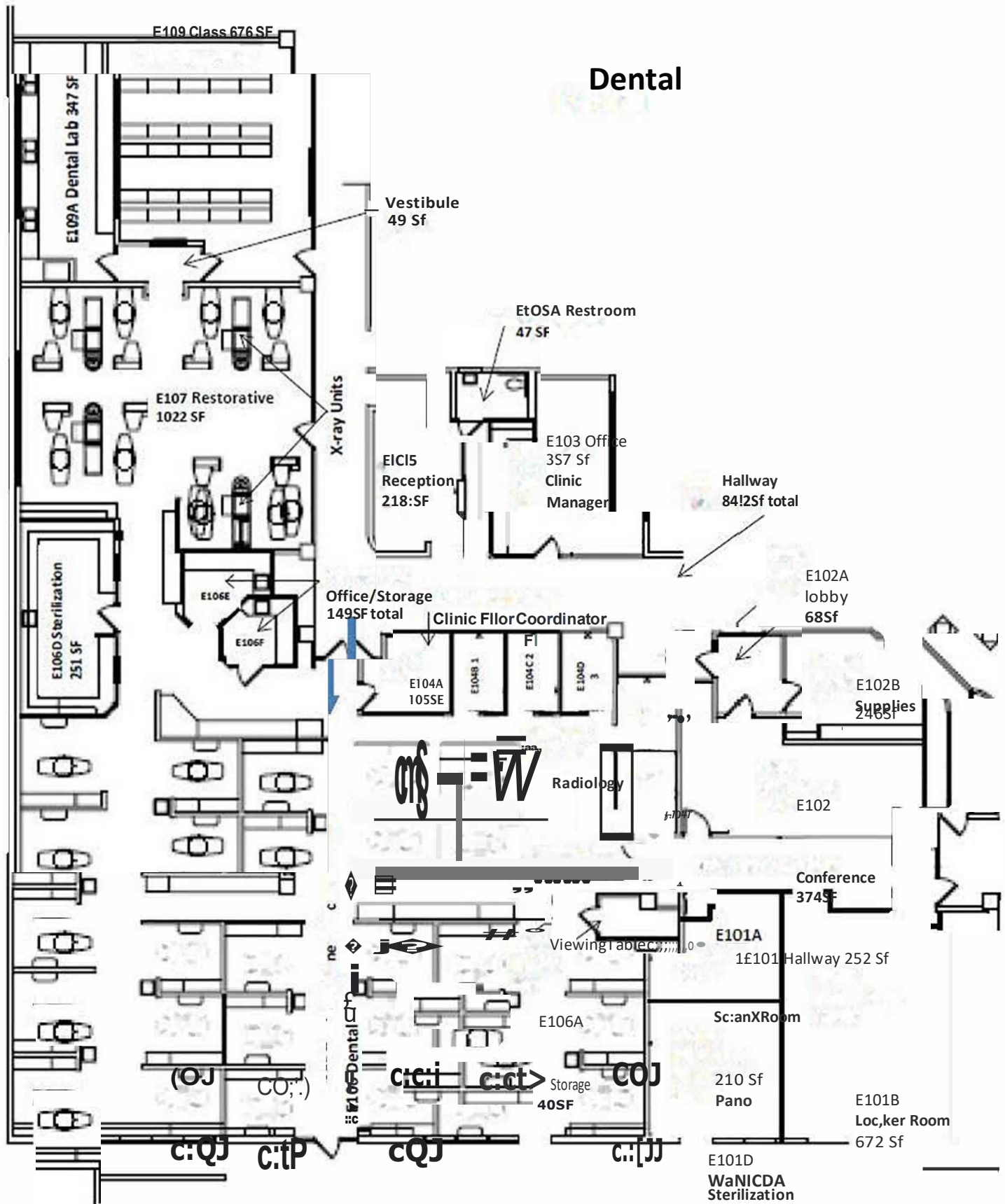
From the **North** Parking Lot enter through the East entrance of the U-shaped building. Walk down the long hallway. The last set of double doors is the entrance to the clinic. Please wait outside that entrance's double doors.



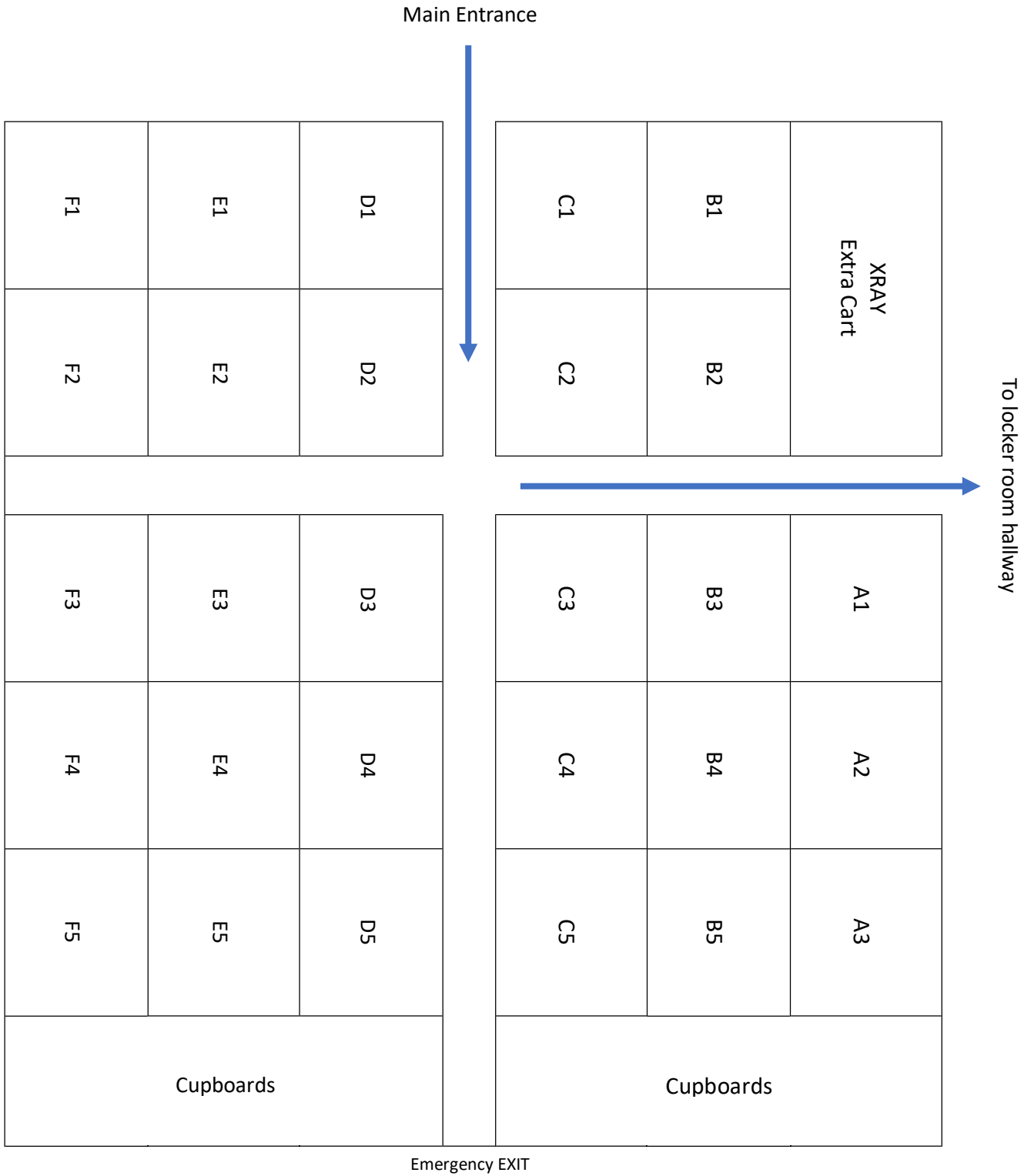
White building, east building from the South Parking Lot view. Allied Health Building entrance is off to the right of this photo.



7. **Clinic Floor Plan:** Patient waiting area-Lobby of the dental clinic, Candidate clinic-E106, 28 ops with 5 x-ray rooms, Examiner grading area-E107 and E109, areas of emergency equipment



# LWTech Dental Hygiene Clinic Floor Operatory numbers



**8. Required School-provided Expendable Dental Materials Appendices**

<b>APPENDIX A – Expendable Local Anesthesia Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Local Anesthesia Candidates</b>		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash		Sanitizing materials
Anesthetic(s)	Facial tissue	Soap
<ul style="list-style-type: none"> <li>• Local anesthetic(s) with and without vasoconstrictors</li> </ul>	Gloves, nonlatex	Standard saliva ejectors
<ul style="list-style-type: none"> <li>• Topical anesthetic(s)</li> </ul>		Surface disinfectant
Autoclave bags, small		Syringe Needles (long & short)
Autoclave bags, medium	Headrest covers	Tray covers
Autoclave tape	Instrument trays, disposable	Trash bags
Barrier covers/tape	Paper towels	

<b>APPENDIX B – Expendable Restorative Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Restorative Candidates</b>		
2x2 gauze squares	Drinking cups	Sanitizing materials
Air syringe tips		Rod posts (mounting Typodont)
Amalgamator/Tricherator	Facial tissue	Soap
Amalgam scrap container(s)	Gloves, nonlatex	Surface disinfectant
Barrier covers/tape	Instrument trays, disposable	Tray covers
Cotton-tip applicators	Paper towels	Trash bags